



Miriam Empowers Through Education

Miriam Empowers Through Education seminars bring local and national experts to St. Louis to educate and train professionals and parents to better help children who have learning and social challenges. All seminars are located at Miriam School, 501 Bacon Avenue, St. Louis, MO 63119. Doors open 30 minutes before the seminar. Registration and payment are due 48 hours in advance of the seminar to receive the discounted rate. Full refunds will be provided when cancellations are received at least two days prior to the event.

Register online at www.miriamstl.org/workshops-2/

November 15, 2019 8:30am-10:30am \$30 in advance/\$45 at the door

Suicide Awareness & Intervention for Mental Health Professionals

Presenter: Shelby Zurick, MA, PLPC, NCC

This course meets Missouri state licensure requirements for social workers. Shelby Zurick, the Community Education Coordinator for Life Crisis Services, will provide screening and assessment tools and evidence-based interventions that address suicidal ideation in clients. Considerations will be explored for clinicians treating individuals with special needs. This seminar is interactive. Be prepared to grow your skills! Participants will earn 2.0 contact hours from the Missouri Social Work Committee for their attendance.

December 4, 2019 6:00pm-7:30pm \$20 in advance/\$30 at the door

Sibling Support & Inclusion

Presenter: Kim Pinkert, MS-ABA, BCBA, LBA

There are only so many hours in a day, and moms and dads are spread pretty thin. Sometimes, siblings can feel ignored when families have to focus a lot of their time on their child who has a disability. In this seminar, Kim Pinkert, Miriam Learning Center's Board Certified Behavior Analyst, will provide parents with quick strategies to build support between siblings and engage all children in the home with positive attention. Certificates of attendance for 1.5 contact hours are available upon request.

February 14, 2020 8:30am-12:30pm \$75 in advance/\$90 at the door

The Next Step: Promoting Resiliency & Healing through Trauma Informed Care

Presenter: Lindsay Kyonka, MSW, LMSW

An alarming number of children are being exposed to traumatic events in their schools, neighborhoods, and home that result in emotional dysregulation. Practitioners and parents can lessen the impact of trauma on youth through interventions that promote child resiliency and healing. Join Lindsay Kyonka, MSW, LMSW, Clinician and Program Quality Manager at the Saint Louis Crisis Nursery, for the next step in trauma informed care as she guides participants through case studies, interactive activities, and research-based practices. Participants will earn 3.75 Contact Hours through the Missouri Division of Professional Registration for their attendance.

March 4, 2020 6:00pm-7:30pm \$20 in advance/\$30 at the door

Healthy Boundaries for Better Work/Life Balance

Presenter: Rachel Crowe, MSW, LCSW

The work/home balance is essential to maintaining positive mental health. Rachel Crowe, Miriam's Clinical Supervisor, will help participants adopt healthy practices and create boundaries to manage stress, secondary trauma, and avoid compassion fatigue. This is a time for each participant to take inventory of their life and to design a sustainable self-care plan to ensure a more productive work/life balance. Certificates of attendance for 1.5 contact hours are available upon request.

Call 314.961.1500 with any questions.